## NZ Homœopathic Society

# Homeopathic learning aids - Apps For home users, students, and professional homeopaths

Homeopathy Apps reviewed and compiled by Janine Gawn DipHom RCHom

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These apps are useful for home users wanting to learn more and have a go, for homeopathic students who may not be ready to buy Repertory software yet and for professional homeopaths on the move or unable to access the usual software or books.

**NZ Homeopathic Society tip**: Use these apps for a handy reference guide or an effective teaching tool. They are a convenient when on holiday and you don't want to lug along your heavy books or laptop. Also useful for quick reference for the "midnight screaming child with earache what's the remedy" brain fog moment!

#### Homeopathy UK app

4Homeopathy commissioned this app to provide the public with a straightforward way to access general information about homeopathy. 4Homeopathy is a collaboration of 11 homeopathic organisations and charities, who work together to promote the benefits of homeopathy and they have an excellent informative website which is well worth browsing <a href="https://www.findahomeopath.org/">https://www.findahomeopath.org/</a>

The app includes a simple remedy finder for acute conditions, and the Materia Medica of commonly used homeopathic remedies. It is available for free. The app is user friendly, covers most acute conditions and I highly recommended it for home users or students. It is a great app if you are a beginner as it is not too overwhelming to use and would enable you to build your confidence while still using excellent resources. It is available on apple and android but currently the android download link is unavailable.

**Recommended for:** home users and homeopathic students. https://apps.apple.com/gb/app/homeopathy-uk/id1099742333

#### Homeopathyly for everyday use app

This app was developed by Mette Mitchell who created the beautiful 36 homeopathic remedies picture cards featured in our September 2021 newsletter. The app works by guiding your through a series of questions under your chosen aliment and then you narrow down the remedy choice depending on the specific symptoms. It is based around the 36 remedy cards which in turn are based on the Helios 36 remedy kit. There are hands on instructions and clear guidelines including explaining C.L.A.M.S and a link to podcasts. I find the app a little slow to use but it has potential and I look forward to seeing how it develops further. It is well worth it for the access to the remedy pictures for convenient Materia Medica reference and for sharing your remedy choices by sending a beautiful illustration to your friends or family.

**Recommended for:** home users and homeopathic students.

https://apps.apple.com/us/app/homeopathyly/id1575645225 https://play.google.com/store/apps/details?id=com.maplespace.ttapps\_app\_18\_2

The beautifully illustrated 36 homeopathic flashcards used in this app are also available to download in a .zip file you download and unpack. The cards are designed by Homeopath Mette Mitchell and illustrated by her daughter, Miko Mitchell.

https://www.homeopathyly.com/products/189111-FREE-Download-36-Homeopathic-Flashcards

#### Vithoulkas app - Learn, Discover, Chat, Get Inspired

This app is all about being connecting to the International Academy of Classical Homeopathy. The IACH was established in 1995 by Professor George Vithoulkas.

There are various sections: Clinical cases, scientific papers, e-learning, webinars, courses in Alonissos, videos, and general news. There is a chat forum enabling you to connect with an online community of members. The value in this app comes from being part of the IACH community. I feel it is mostly useful for those who are wanting to study with IACH, learn more about IACH or as a graduate, remain connected. If you are just a fan of George Vithoulkas, this is the place for you. And let's face it, who isn't a fan! There is potential for this app to expand its content and user friendliness. I would love to see a Materia Medica section in the app with either Vithoulkas's own Materia Medica or links to the vast library which is currently available on the website. The library on the website is a great resource especially if you are a student or home user as it gives you access to Materia Medica from Allen, Boericke, Dunham, Farrington, Kent and Nash.

Refer here for Library https://www.vithoulkas.com/learning-tools/online-materia-medica

**Recommended for:** Homeopathic students or professional homeopaths <a href="https://apps.apple.com/us/app/vithoulkas-app/id1569902615">https://apps.apple.com/us/app/vithoulkas-app/id1569902615</a> <a href="https://play.google.com/store/apps/details?id=com.vithoulkasapp">https://play.google.com/store/apps/details?id=com.vithoulkasapp</a>

#### Homeopathy at home App

This app was developed by Homeopathy 247 who we featured in our December newsletter. I am impressed with this comprehensive app which is super easy to use. It has sections divided by area of the body and from there you go to the various conditions that may occur. Once in the condition section e.g., headaches - there is a selection of remedies to consider. There are also excellent sections under more information: potency and dosage, prescribing methodology, chronic prescribing (to ensure the home user understands when to consult a professional homeopath), understanding your symptoms, remedies section (Materia Medica). There is so much to explore in this app as it also includes eBooks, webinars, remedy cards, courses, video's and more. You can even consult with a homeopath on duty at homeopathy 247 and book directly from the app.

This app is aimed at the home user, but I can see plenty of useful information and quick reference for the student or professional homeopath too. It is that next step up from the Homeopathy UK app who's target market is similar. This is for those that want to explore and learn more from beginners to more proficient home users. Its strength lies in its ability to take you are far as you want to go in your homeopathic learning journey at the time - learn to use a few remedies or dive deeper into methodology, symptoms, and understanding health.

**Recommended for:** home users, homeopathic students, and professional homeopaths <a href="https://apps.apple.com/us/app/homeopathy-at-home/id1477710151?mt=8">https://apps.apple.com/us/app/homeopathy-at-home/id1477710151?mt=8</a>

#### https://play.google.com/store/apps/details?id=homeopat1app.homeopat1

#### **Hompath Firefly app**

This app was created by the same organisation that developed Zomeo - Homeopathic Software. It is the next step up in price and resources from the previous three. Its price point is excellent. It has an extensive database of 11 repertories, 109 homeopathic books and easy to use Patient Management System powered by intelligent search. The app also includes Q-Rep, Repertory of Mental Qualities by Dr. Jeremy Sherr which I am familiar with and find extremely useful. This would be a cost-effective way to access the Q-rep if you did not have it on your computer software.

"Hompath software is great because it is really easy to use. I can actually repertorise, in ten minutes, putting symptoms together and looking up the materia medica. I recommend this to every homeopath" - Jeremy Sherr

**Recommended for:** It would be suitable for students who want affordable access to the repertorisation function and materia medica as well as professional homeopaths on the go or wanting access to Q-rep.

https://apps.apple.com/us/app/hompath-firefly/id1064419763 https://hompath.com/ShoppingCart

#### Synthesis app

This app developed by RadarOpus (Zeus soft company) is again another next step up in terms of price and functionality. This comprehensive app is based on the Synthesis Repertory published by Dr. Frederik Schroyens. There are features such as several Materia medica, search for a remedy in the Materia medica and apply the remedy search to the repertory as well as the ability to store 30-100 cases. There is a free demo (lite) version available with full functionality except for the export to RadarOpus and contains two chapters ("Eye" and "Vision") while the full version contains all 41 chapters. This light version could be useful for students or professional homeopaths wanting to explore the option of purchasing the full version.

"I have been using the Synthesis App for many years now to compliment my computer repertory. Initially I used while my computer was broken so I could continue to repertorise for clients. These days, especially with the added Materia Medica facility, I use it whenever I am away from my computer or out of the clinic." - Jessie Coleman. RADAROpus representative New Zealand

**Recommended for:** It would be suitable for students who want more a more affordable option for repertorisation and Materia medica than buying full homeopathic computer / laptop-based software as well as for professional homeopaths on the go.

https://www.radaropus.com/products/apps/synthesis-app

#### Homeopathy for Dog Owners App by Homeopathy 247

Created by Homeopathy 247, this app gives instant access to information for over 70 symptoms and 97 homeopathic remedies for your dog's wherever you are.

**Recommended for:** home users, homeopathic students, and professional homeopaths. https://homeopathy247.com/homeopathy-apps/

#### Homeopathyly for Childbirth app

This beautifully illustrated app is designed and developed by homeopath Mette Mitchell who created the Homeopathyly for everyday use app and the downloadable remedy card. This app will take you through 18 homeopathic remedies for childbirth. It is for anyone who wants guidance using homeopathy during a natural birth process. All stages of the birth are covered by this app: before

birth, preparation, induction, 1st stage, transition, 2nd stage, 3rd stage, as well as recovery for the mother, baby and the birth helper. The beautiful water colour illustrations were created by Mette's daughter, Miko Mitchell.

**Recommended for:** home users and homeopathic students, and professional homeopaths. <a href="https://www.homeopathyly.com/homeopathyly-for-childbirth">https://www.homeopathyly.com/homeopathyly-for-childbirth</a>

#### Boenninghausen - The App.

The Boger/Boenninghausen Repertory is one of the most frequently used homeopathic reference works. This app includes free training and analysis aids.

**Recommended for:** home users and homeopathic students, and professional homeopaths. <a href="https://apps.apple.com/us/app/boenninghausen-homeopathy/id998405163">https://apps.apple.com/us/app/boenninghausen-homeopathy/id998405163</a>

### **About the New Zealand Homoopathic Society**

The Homœopathic Society is run by a small team of dedicated volunteers. New volunteers are warmly welcomed. Join the Society to receive our quarterly newsletter and for up-to-date information on homeopathic news, events, and tips on remedies for common ailments. Visit our online bookstore for a comprehensive selection of books about Homeopathy. Access the 'Members Only' pages on our website where past journals are available to view or download.

To Join: <a href="https://www.homeopathy.ac.nz/join-the-society">www.homeopathy.ac.nz/join-the-society</a>

Website: www.homeopathy.ac.nz

Email: <a href="mailto:coordinator@homeopathy.ac.nz">coordinator@homeopathy.ac.nz</a>

